



MEDICATIONS IN PREGNANCY

	APPROVED OVER THE COUNTER (OTC) MEDICATIONS	APPROVED PRESCRPTION MEDICATIONS	MEDICATIONS YOU SHOULD NOT TAKE
Acne	Benzyl Peroxide (Clerasil)	Erythromycin Clindamycin	Accutane Tetracycline
Allergies	Benadryl Tylenol Allergy Claritin	Zyrtec	Contact
Antibiotics		Cephalosporins (Keflex, Ceftin) Clindamycins Erythromycins (Zithromax) Flagyl Macrobid Penicillins (Amoxicillin)	Bactrim Cipro Tetracyclines
Asthma		Advair Flovent Proventil Singulair	
Cold/Flu	Tylenol cold/flu Tylenol cold/sinus Sudafed	Tamiflu	Nyquil Meds with Alcohol Aspirin Mortin Ibuprofen
Cold sore	Abreva	Acyclovir Valtrex	
Constipation			
Cough	Dextromethorphan Guaifensin Robitussin	Codeine	

Depression		Some meds are safe 1st and 2nd trimester	Lithium
Diarrhea	Immodium		Pepto-Bismol
Headache	Tylenol	Codeine Fiorocet	Amerge Aspirin Ibuprofen Imitrex Naprosyn
Heartburn	Tums Rolaids Mylanta Pepcid Tagamet Zantac	Prilosec Prevacid	
Hemorrhoids	Preparation H Anusol Tucks	Anusol HC	
Insomnia	Benadryl	Ambien	
Itching	Benadryl Calamine Lotion Hydrocortisone 1%	Steroids	
Lice	Rid		Kwell
Nausea/vomiting	Emetrol Dramamine Vit B 6 Unisom Sea Bands	Compazine Phenergan Reglan Zofran	
Pain	Tylenol	Narcotics (short term use)	Aspirin Ibuprofen Toradol Celebrx Naprosyn
Vaccines		Flu H1N1 Tetanus	Live vaccines Rubella Yellow Fever Inhaled H1N1
Vitamins	No Mega doses B complex, C, Folic acid	Prenatal Vitamins	Limit Vitamin A, D, E, & K
Yeast infections	Monistat Femstat Gyne-Lotrimin	Terazol	

The above list is not exhaustive or complete, but rather gives a general overview. Please call us with any questions regarding these medications or any other over the counter medications. Please call us with medications that were prescribed by other physicians to check the safety during pregnancy.